

TBH Quick Reference Guide

Who should receive the TBH screen?

The TBH is meant to be administered to every child in a caseworker's caseload

- The screen should be given to every client **at intake** within the first 30 days
- **Re-administered** approximately every six months as part of the case-planning activities during an FTC or FTM to track the child's change in symptoms over time

How do I administer the TBH?

- **Always** have the child's caregiver fill out the **Caregiver Version**
- If the child is aged 7 to 18, they will fill out the **Child/Adolescent Version** as well
- The TBH is designed to be self-administered, but ideally you should be present to answer any questions about the screen

Where will the results of the TBH be recorded and scored?

- You will be entering the information into an **online database**
- The database will prompt you to enter the score from every question and will automatically calculate the results for you
- It's **important** to remember that you should **print the results** page for your records

How is this going to be helpful?

- **Identify** trauma experiences and problems that may not have been identified
- Understand better what **type of therapy** children need
- **Share** information with key players in the child's life:
 - Caregivers, pediatricians, and mental health providers
 - In some cases, it can also be a helpful tool when shared with schools or child-care facilities to aid in understanding the cause of the child's behavior
- Able to **track improvement** in problems over time

Please visit our website to access:

- The link to the online database to enter your screens
- Our comprehensive FAQ
- Copies of the TBH to print out
- Provider list
- Our contact information

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