

Youth PTSD Treatment (YPT)

A cognitive behavioral therapy (CBT) for post-traumatic stress disorder (PTSD)
Intensive Training Opportunity for Qualified Providers

The Model: Youth PTSD Treatment (YPT) is a theory-based, 12-session, manual-driven protocol for individual treatment for 3-18 year-old children and adolescents. Youth PTSD Treatment has shown effectiveness for 7-18 year-old children in a trial conducted by Mike Scheeringa, MD, MPH at Tulane University. This model shares many similarities with Trauma-Focused CBT, which many people may be familiar with, but differs in how anxiety management, exposure work, inclusion of parents, and very young children are approached.

There is also a preschool version, Preschool PTSD Treatment, which has also shown effectiveness in a randomized trial of 3-6 year-old children, and was developed by Dr. Scheeringa (in collaboration with Judy Cohen and Lisa Amaya-Jackson).

About the Trainer: Devi Miron Murphy, Ph.D. is a licensed Clinical and School Psychologist. She is an Associate Professor of Clinical Psychiatry at the Tulane Department of Psychiatry and Behavioral Sciences. She has been trained by Dr. Scheeringa in the YPT model, has trained dozens of clinicians herself, and has ten years of experience in providing psychotherapy training and clinical supervision. Her areas of expertise include working with children and adolescents who have been traumatized, working with infants and young children, and working with children and caregivers who are involved in the child welfare system.

Training and Consultation Requirements: Dr. Murphy will provide 6.5 hours of in-person training in YPT to qualified clinicians. Following this, clinicians will be expected to participate in weekly 1-hour phone calls or videoconferences individually or in small groups with Dr. Murphy for 6 to 9 months. The expectation is that clinicians will begin using the model with children and adolescents shortly after the in-person training so that Dr. Murphy can provide consultation regarding actual cases. Providers will also be expected to administer a standardized pre- and post-checklist that we provide for free to measure outcomes. Providers who complete the training and consultation calls will be rostered by name on our provider list. This list will be available on our website and distributed to caseworkers in the Department of Children and Family Services.

Provider Qualifications: Clinicians accepting Medicaid, who serve children and adolescents involved with Louisiana Department of Children and Family Services (foster care or family services), ages 3-18 years.

Provider Selection: Interested providers will be required to submit an application to participate in the YPT Training no later than 05/11/2016 and must commit to participate in the entire training series (one 6.5-hr in-person training and weekly 1-hr phone calls for 6-9 months). Providers will be notified by 05/13/2016 if they are selected to participate. Selection will be based on provider qualifications, geographical location, and willingness to commit to all of the required trainings and consultation calls.

Continuing Education Credit: This program has been approved by the Louisiana State Board of Social Work Examiners for 6.5 hours of continuing education credit through the Tulane School of Social Work. This program has also been approved by the Louisiana Psychological Association for 6.5 continuing education contact hours.

Application Information

For fillable PDF email clind@tulane.edu

First Name

Last Name

Credentials

Office Name

Office Address

Office Address Line 2

City

State

Zip Code

E-mail

Phone Number (Office)

Phone Number (Cell)

Are you a Medicaid
credentialed provider?

Do you provide in-home
services?

Do you treat children
and adolescents?

Yes

Yes

Yes

No

No

No

Which insurance panels do you take?

Please select all of the ages you treat:

Aetna

3-6

AmeriHealth Caritas

7-12

Amerigroup

13-18

LA Healthcare Connections

19 and older

United Healthcare

Other

Other

List the parishes in the State where you provide services

Explain briefly why you are interested in the YPT training

Graduate Education Degree

Licenses

Please indicate any special needs as designated by the ADA

In order to participate you must commit to the following:

1. Attend one 6.5-hr training at EITHER:

*Holiday Inn Metairie New Orleans Airport Hotel 2261 N Causeway Blvd,
Metairie, LA 70001 on Tuesday May 17th 2016.*

OR

*Holiday Inn Houma 1800 Martin Luther King Blvd, Houma, LA 70360 on
Tuesday June 14th 2016.*

Training information:

Registration at 8:00 am. Training begins at 8:30 am and ends at 4:30 pm with one hour lunch break and two fifteen minute breaks. Lodging, meals and travel expenses will be the responsibility of the participant.

2. Participate in one consultation call per week for 6-9 months. Each call will be scheduled in advance and will last one hour.

3. Implement YPT and administer the Trauma and Behavioral Health screen (TBH) with at least one client during the consultation period.

Please select only ONE training date to attend:

Tuesday May 17th 2016 at the Holiday Inn Metairie New Orleans Airport Hotel

Tuesday June 14th 2016 at the Holiday Inn Houma

Pending approval of my application, I commit to participate in all of the above listed trainings and consultation calls:

Signature

Date

Please submit this application no later than 05/11/2016 to: Caroline Lind at clind@tulane.edu, fax at (504) 988-6531 or mail to: Caroline Lind 1440 Canal St TB 53 New Orleans, LA 70112. For questions, call (504) 988-2165 or visit <http://latrauma.tulane.edu>. Applications received after 05/11/2016 may be considered if space allows.